

2025/26 - Race 02 - 4 Life Physiotherapy

Date: 9th November 2025

Triathlon

Pos	First Name	Last Name	Race No	Time	Category	Cat Pos	Gender	Gender Pos	Swim	Swim O Pos	Swim G Pos	Cycle	Cycle O Pos	Cycle G Pos	Run	Run O Pos	Run G Pos
1	Matt	Mckay	228	00:40:13	Ages 55 - 59	1	Male	1	00:05:32	3	3	00:22:38	1	1	00:12:02	3	3
2	Russell	Harris	221	00:41:44	Ages 55 - 59	2	Male	2	00:05:29	2	2	00:24:25	3	3	00:11:49	2	2
3	Tim	Watson	202	00:43:07	Ages 45 - 49	1	Male	3	00:05:55	7	7						
4	Jake	Isaac	209	00:43:10	Ages 18 - 24	1	Male	4	00:31:44	30	23	00:00:00			00:11:25	1	1
5	Phillip	Hays	200	00:43:37	Ages 55 - 59	3	Male	5	00:06:08	10	10	00:24:37	4	4	00:12:52	7	7
6	Jeff	Bright	235	00:43:39	Ages 40 - 44	1	Male	6	00:06:07	9	9	00:25:04	5	5	00:12:27	6	6
7	Dylan	Muller	213	00:43:42	Ages 25 - 29	1	Male	7	00:05:28	1	1	00:24:18	2	2	00:13:55	12	10
8	Shane	Gibson	233	00:43:58	Ages 40 - 44	2	Male	8	00:06:02	8	8	00:25:39	8	8	00:12:16	5	5
9	Darryl	Harris	204	00:44:48	Ages 60 - 64	1	Male	9	00:05:36	4	4	00:25:10	6	6	00:14:01	13	11
10	Hamish	Mactavish	210	00:45:51	Ages 55 - 59	4	Male	10	00:05:51	5	5	00:26:50	10	10	00:13:09	9	8
11	Greg	Bale	212	00:46:01	Ages 35 - 39	1	Male	11	00:06:34	16	14	00:25:21	7	7	00:14:05	14	12
12	Hayden	Thorpe	215	00:46:45	Ages 30 - 34	1	Male	12	00:46:45	32	24						
13	Paul	Taylor	225	00:46:52	Ages 50 - 54	1	Male	13	00:06:26	14	13	00:26:47	9	9	00:13:38	11	9
14	Adie	Richardson	217	00:47:18	Ages 50 - 54	1	Female	1	00:06:36	18	3	00:27:07	11	1	00:13:34	10	2
15	Bruce	Barrington	201	00:48:29	Ages 60 - 64	2	Male	14	00:05:53	6	6	00:27:29	13	11	00:15:05	19	16
16	Alicia	Druskovich	234	00:49:02	Ages 40 - 44	1	Female	2	00:06:09	11	1	00:29:49	16	4	00:13:03	8	1
17	Dylan	Bale	208	00:49:08	Ages 18 - 24	2	Male	15	00:06:47	20	17	00:30:12	18	14	00:12:08	4	4
18	Hayley	Ferris	230	00:51:16	Ages 45 - 49	1	Female	3	00:34:30	31	8	00:00:00			00:16:46	22	6
19	Cameron	Watson	222	00:51:39	Ages 55 - 59	5	Male	16	00:06:15	12	11	00:28:19	14	12	00:17:04	24	18
20	Amanda	Casey	206	00:52:19	Ages 40 - 44	2	Female	4	00:06:52	22	4	00:28:46	15	3	00:16:40	21	5
21	Susan	Androvich	244	00:52:29	Ages 50 - 54	2	Female	5	00:06:33	15	2	00:27:27	12	2	00:18:29	25	7
22	Andrea	Nguyen	207	00:52:31	Ages 40 - 44	3	Male	17	00:06:19	13	12						
23	Steve	Ball	205	00:52:37	Ages 55 - 59	6	Male	18	00:07:44	26	21	00:30:08	17	13	00:14:44	17	14
24	Damien	Collins	243	00:52:47	Ages 35 - 39	2	Male	19	00:06:48	21	18	00:31:14	19	15	00:14:43	16	13
25	Michael	Holt	223	00:54:08	Ages 30 - 34	2	Male	20	00:06:35	17	15	00:32:44	21	17	00:14:48	18	15
26	Tamzin	Van Elven	216	00:56:08	Ages 25 - 29	1	Female	6	00:06:55	24	5	00:33:16	22	5	00:15:55	20	4
27	David	Whiteley	245	00:57:23	Ages 70 - 74	1	Male	21	00:06:54	23	19	00:31:42	20	16	00:18:46	27	19
28	Phillip	David	231	00:59:35	Ages 50 - 54	2	Male	22	00:06:41	19	16	00:36:07	25	19	00:16:47	23	17

29	Rudy	Kocis	220	01:01:24	Ages 60 - 64	3	Male	23	00:07:25	25	20	00:34:28	23	18	00:19:30	28	20
30	Niamh	Medlam	211	01:01:45	Ages 18 - 24	1	Female	7	00:08:56	29	7	00:38:34	26	7	00:14:14	15	3
31	Sandy	Harvey	226	01:02:02	Ages 60 - 64	1	Female	8	00:07:54	27	6	00:35:22	24	6	00:18:45	26	8
32	Mark	Skinner	203	01:06:05	Ages 40 - 44	4	Male	24	00:08:24	28	22						
	Riley	Bickerton	242		Ages 18 - 24		Male										

Enticer Triathlon

Pos	First Name	Last Name	Race No	Time	Category	Cat Pos	Gender	Gender Pos	Swim	Swim O Pos	Swim G Pos	Cycle	Cycle O Pos	Cycle G Pos	Run	Run O Pos	Run G Pos
1	Hayley	Gilbert	227	00:31:17	All Ages	1	Female	1	00:04:34	1	1	00:17:43	1	1	00:09:00	1	1

Standard Duathlon

Pos	First Name	Last Name	Race No	Time	Category	Cat Pos	Gender	Gender Pos	Run 1	Run 1 O Pos	Run 1 G Pos	Cycle	Cycle O Pos	Cycle G Pos	Run 2	Run 2 O Pos	Run 2 G Pos
1	Douglas	Ritchie	224	00:55:59	All Ages	1	Male	1	00:07:40	1	1	00:32:38	2	2	00:15:40	1	1
2	Michael	Backshall	232	00:57:06	All Ages	2	Male	2	00:09:28	2	2	0:30:31	1	1	00:17:06	2	2

Enticer Duathlon

Pos	First Name	Last Name	Race No	Time	Category	Cat Pos	Gender	Gender Pos	Run 1	Run 1 O Pos	Run 1 G Pos	Cycle	Cycle O Pos	Cycle G Pos	Run 2	Run 2 O Pos	Run 2 G Pos
1	Rob	Cosgrave	219	00:41:07	All Ages	1	Male	1	00:10:16	1	1	00:20:38	1	1	00:10:11	1	1