

# 2025-26 Duathlon Race 03 COASTAL REALTY

Date: 28th September 2025

## Duathlon

| Pos | First Name | Last Name  | Race No | Time     | Category     | Cat Pos | Gender | Gender Pos | Run 1    | Run 1 O Pos | Run 1 G Pos | Cycle    | Cycle O Pos | Cycle G Pos | Run 2    | Run 2 O Pos | Run 2 G Pos |
|-----|------------|------------|---------|----------|--------------|---------|--------|------------|----------|-------------|-------------|----------|-------------|-------------|----------|-------------|-------------|
| 1   | Euan       | Gow        | 209     | 00:33:42 | Ages 35 - 39 | 1       | Male   | 1          | 00:08:34 | 1           | 1           | 00:20:30 | 1           | 1           | 00:04:37 | 1           | 1           |
| 2   | Kohle      | Ward       | 203     | 00:37:10 | Juniors      | 1       | Male   | 2          | 00:09:48 | 3           | 3           | 00:22:15 | 2           | 2           | 00:05:06 | 3           | 3           |
| 3   | Matt       | Mckay      | 207     | 00:37:10 | Ages 55 - 59 | 1       | Male   | 3          | 00:09:46 | 2           | 2           | 00:22:22 | 3           | 3           | 00:05:00 | 2           | 2           |
| 4   | Hayley     | Gilbert    | 202     | 00:42:25 | Ages 40 - 44 | 1       | Female | 1          | 00:11:30 | 5           | 1           | 00:24:49 | 4           | 1           | 00:06:05 | 6           | 1           |
| 5   | Phillip    | David      | 216     | 00:43:09 | Ages 50 - 54 | 1       | Male   | 4          | 00:11:00 | 4           | 4           | 00:26:21 | 6           | 5           | 00:05:47 | 4           | 4           |
| 6   | Abbey      | Ritchie    | 200     | 00:44:45 | Ages 40 - 44 | 2       | Female | 2          | 00:11:42 | 6           | 2           | 00:26:52 | 7           | 2           | 00:06:11 | 7           | 2           |
| 7   | Andrea     | Nguyen     | 223     | 00:51:46 | Ages 40 - 44 | 1       | Male   | 5          | 00:21:00 | 15          | 11          | 00:24:57 | 5           | 4           | 00:05:48 | 5           | 5           |
| 8   | Barry      | Williamson | 212     | 00:58:49 | Ages 45 - 49 | 1       | Male   | 6          | 00:15:33 | 7           | 5           | 00:35:22 | 9           | 7           | 00:07:52 | 8           | 6           |
| 9   | Tim        | Watson     | 204     | 01:01:39 | Ages 45 - 49 | 2       | Male   | 7          | 00:16:51 | 9           | 7           | 00:36:03 | 10          | 8           | 00:08:44 | 9           | 7           |
| 10  | Steve      | Ware       | 215     | 01:05:41 | Ages 65 - 69 | 1       | Male   | 8          | 00:18:42 | 11          | 8           | 00:37:48 | 11          | 9           | 00:09:11 | 12          | 9           |
| 11  | Shane      | Gibson     | 213     | 01:05:59 | Ages 40 - 44 | 2       | Male   | 9          | 00:16:51 | 8           | 6           | 00:40:00 | 13          | 11          | 00:09:06 | 10          | 8           |
| 12  | Ben        | Hoffman    | 205     | 01:08:08 | Ages 35 - 39 | 2       | Male   | 10         | 00:22:11 | 18          | 12          | 00:34:53 | 8           | 6           | 00:11:02 | 17          | 12          |
| 13  | Jordan     | Branch     | 210     | 01:09:44 | Ages 25 - 29 | 1       | Female | 3          | 00:19:18 | 12          | 4           | 00:41:06 | 15          | 3           | 00:09:19 | 13          | 4           |
| 14  | Jacob      | Ford       | 245     | 01:10:21 | Ages 25 - 29 | 1       | Male   | 11         | 00:19:28 | 13          | 9           | 00:40:41 | 14          | 12          | 00:10:11 | 14          | 10          |
| 15  | Darryl     | Harris     | 214     | 01:10:32 | Ages 60 - 64 | 1       | Male   | 12         | 00:20:04 | 14          | 10          | 00:39:54 | 12          | 10          | 00:10:34 | 15          | 11          |
| 16  | Alicia     | Druskovich | 208     | 01:11:23 | Ages 40 - 44 | 3       | Female | 4          | 00:18:15 | 10          | 3           | 00:44:00 | 16          | 4           | 00:09:07 | 11          | 3           |
| 17  | Shenille   | Sebregts   | 206     | 01:16:51 | Ages 30 - 34 | 1       | Female | 5          | 00:21:06 | 16          | 5           | 00:44:52 | 18          | 6           | 00:10:52 | 16          | 5           |
| 18  | Tina       | Macaskill  | 211     | 01:18:43 | Ages 55 - 59 | 1       | Female | 6          | 00:22:47 | 19          | 7           | 00:44:07 | 17          | 5           | 00:11:48 | 19          | 7           |
| 19  | Tamzin     | Van Elven  | 201     | 01:19:25 | Ages 25 - 29 | 2       | Female | 7          | 00:21:27 | 17          | 6           | 00:46:36 | 19          | 7           | 00:11:21 | 18          | 6           |