MTC Christmas Fun Run

27th December 2021

27th Dec	ember 2021																										
		1.5km 3km					4.5km				6km		7.5km				9km			10.5km			12km				
Firstname	Surname	Race Start	Time	Lap Pace	Lap Time	Lap Pace	Total Time	Lap Time	Lap Pace	Total Time	Lap Time	Lap Pace	Total Time	Lap Time	Lap Pace	Total Time	Lap Time	Lap Pace	Total Time	Lap Time	Lap Pace	Total Time	Lap Time	Lap Pace	Total Time	Distance	Avg pace
Susan	Androvich	08:18:52	00:10:03	0:06:42	00:10:52	0:07:15	00:20:56																			3	0:06:59
Sharon	Ford	08:14:06	00:10:13	0:06:49	00:10:48	0:07:12	00:21:02																			3	0:07:01
Karyss	Zappacosta	08:14:05	00:08:56	0:05:57	00:08:37	0:05:45	00:17:34	00:14:25	0:09:37	00:32:00																4.5	0:07:07
Shane	Gibson	08:14:07	00:09:34	0:06:23	00:12:06	0:08:04	00:21:41	00:12:42	0:08:28	00:34:24																4.5	0:07:39
Cash	Gibson	08:14:07	00:09:35	0:06:23	00:12:05	0:08:03	00:21:41	00:12:42	0:08:28	00:34:24																4.5	0:07:39
Sophia	Hays	08:26:34	00:08:43	0:05:49	00:19:13	0:12:49	00:27:57	00:18:15	0:12:10	00:46:13																4.5	0:10:16
Duncan	Shearwood	08:14:11	00:07:34	0:05:03	00:07:22	0:04:55	00:14:57	00:07:24	0:04:56	00:22:21	00:07:22	0:04:55	00:29:43													6	0:04:57
Cobb	Danny	08:14:10	00:07:50	0:05:13	00:07:12	0:04:48	00:15:02	00:07:52	0:05:15	00:22:55	00:07:32	0:05:01	00:30:28													6	0:05:05
Ben	Atter	08:14:10	00:07:58	0:05:19	00:07:04	0:04:43	00:15:03	00:07:53	0:05:15	00:22:56	00:07:34	0:05:03	00:30:30													6	0:05:05
Phillip	Hays	08:14:11	00:07:59	0:05:19	00:07:44	0:05:09	00:15:44	00:08:20	0:05:33	00:24:04	00:07:59	0:05:19	00:32:03													6	0:05:20
Curtis	Montgomery	08:14:04	00:09:41	0:06:27	00:09:54	0:06:36	00:19:35	00:09:11	0:06:07	00:28:46	00:11:07	0:07:25	00:39:54													6	0:06:39
Gazelle	Verster	08:14:03	00:13:00	0:08:40	00:12:07	0:08:05	00:25:07	00:08:48	0:05:52	00:33:56	00:08:39	0:05:46	00:42:36													6	0:07:06
Lynn	Kennedy	08:14:05	00:09:45	0:06:30	00:10:11	0:06:47	00:19:56	00:10:31	0:07:01	00:30:28	00:12:16	0:08:11	00:42:45													6	0:07:08
Bill	Kennedy	08:14:04	00:09:42	0:06:28	00:09:54	0:06:36	00:19:37	00:11:51	0:07:54	00:31:28	00:12:13	0:08:09	00:43:41													6	0:07:17
Petra	Verster	08:14:03	00:13:01	0:08:41	00:12:08	0:08:05	00:25:09	00:09:35	0:06:23	00:34:44	00:09:57	0:06:38	00:44:42													6	0:07:27
Lily	Baker	08:14:16	00:09:47	0:06:31	00:12:39	0:08:26	00:22:26	00:12:13	0:08:09	00:34:39	00:12:04	0:08:03	00:46:43													6	0:07:47
Cahill	Baker	08:14:10	00:09:51	0:06:34	00:12:41	0:08:27	00:22:32	00:14:17	0:09:31	00:36:49	00:10:43	0:07:09	00:47:33	00:11:26	0:07:37	00:58:59										7.5	0:07:52
Bianca	Baker	08:14:15	00:09:44	0:06:29	00:12:40	0:08:27	00:22:24	00:14:17	0:09:31	00:36:42	00:10:44	0:07:09	00:47:26	00:11:28	0:07:39	00:58:55										7.5	0:07:52
Ronan	Hays	08:14:02	00:06:51	0:04:34	00:06:50	0:04:33	00:13:41	00:06:47	0:04:31	00:20:28	00:06:45	0:04:30	00:27:13	00:06:52	0:04:35	00:34:05	00:06:42	0:04:28	00:40:48							9	0:04:32
Ash	Ford	08:14:02	00:06:52	0:04:35	00:06:49	0:04:33	00:13:41	00:07:02	0:04:41	00:20:44	00:07:24	0:04:56	00:28:13	00:07:26	0:04:57	00:35:40	00:07:04	0:04:43	00:42:44							9	0:04:45
Russell	Harris	08:14:10	00:07:35	0:05:03	00:07:22	0:04:55	00:14:58	00:07:26	0:04:57	00:22:24	00:07:22	0:04:55	00:29:46	00:07:08	0:04:45	00:36:54	00:07:05	0:04:43	00:44:00							9	0:04:53
Pieter	(Jnr) Verster	08:14:01	00:08:32	0:05:41	00:08:13	0:05:29	00:16:46	00:07:55	0:05:17	00:24:42	00:07:51	0:05:14	00:32:33	00:07:58	0:05:19	00:40:32	00:07:49	0:05:13	00:48:21							9	0:05:22
Sharyn	Hays	08:14:23	00:07:09	0:04:46	00:07:18	0:04:52	00:14:28	00:07:20	0:04:53	00:21:48	00:07:13	0:04:49	00:29:02	00:07:11	0:04:47	00:36:13	00:07:15	0:04:50	00:43:29	00:07:14	0:04:49	00:50:44				10.5	0:04:50
Julie	Harris	08:14:12	00:07:20	0:04:53	00:07:18	0:04:52	00:14:39	00:07:19	0:04:53	00:21:58	00:07:14	0:04:49	00:29:12	00:07:11	0:04:47	00:36:24	00:07:15	0:04:50	00:43:39	00:07:15	0:04:50	00:50:55				10.5	0:04:51
Jazmyn	Tobin	08:14:28	00:08:09	0:05:26	00:08:12	0:05:28	00:16:21	00:07:56	0:05:17	00:24:18	00:10:14	0:06:49	00:34:33	00:12:00	0:08:00	00:46:33	00:09:41	0:06:27	00:56:15	00:08:06	0:05:24	01:04:21				10.5	0:06:08
Daniel	Baker	08:14:09	00:07:59	0:05:19	00:07:05	0:04:43	00:15:04	00:07:52	0:05:15	00:22:57	00:07:32	0:05:01	00:30:29	00:07:09	0:04:46	00:37:39	00:07:08	0:04:45	00:44:47	00:07:22	0:04:55	00:52:10	00:07:41	0:05:07	00:59:52	12	0:04:59
Darryl	Harris	08:14:18	00:07:52	0:05:15	00:07:18	0:04:52	00:15:11	00:08:15	0:05:30	00:23:26	00:08:24	0:05:36	00:31:51	00:08:17	0:05:31	00:40:08	00:08:11	0:05:27	00:48:20	00:08:03	0:05:22	00:56:23	00:07:22	0:04:55	01:03:46	12	0:05:19
Pieter	Verster	08:14:01	00:08:34	0:05:43	00:08:11	0:05:27	00:16:46	00:07:56	0:05:17	00:24:42	00:07:51	0:05:14	00:32:33	00:08:06	0:05:24	00:40:40	00:08:05	0:05:23	00:48:45	00:07:55	0:05:17	00:56:41	00:07:17	0:04:51	01:03:59	12	0:05:20
Bruce	Barrington	08:13:56	00:08:01	0:05:21	00:07:30	0:05:00	00:15:31	00:08:13	0:05:29	00:23:45	00:08:26	0:05:37	00:32:11	00:08:16	0:05:31	00:40:28	00:08:12	0:05:28	00:48:40	00:08:02	0:05:21	00:56:43	00:08:09	0:05:26	01:04:52	12	0:05:24